BLSA Weight History

Name: 
Age: 
Birthdate: / / 

Was weight history collected (default Yes)? 

O Yes
If no, select:
O 5 Physical (communication problems) 
O 6 Cannot understand the questions 
O 7 Refused to answer 
O 8 Don't remember any weight 
O 9 Technical problems (no time/not scheduled)

Please record the weights in pounds

1. How much did you weigh 1 year ago? 
   WHX1 [ ] [ ] lbs If 1. not answered, why: WHX1ND
   O 8 DK/DR O 7 Refused

2. How much did you weigh 10 years ago? 
   WHX2 [ ] [ ] lbs If 2. not answered, why: WHX2ND
   O 8 DK/DR O 7 Refused

3. How much did you weigh at age 25? 
   WHX3 [ ] [ ] lbs If 3. not answered, why: WHX3ND
   O 8 DK/DR O 7 Refused

   If participant is over 50 y.o.:

4. How much did you weigh at age 50? 
   WHX4 [ ] [ ] lbs If 4. not answered, why: WHX4ND
   O 8 DK/DR O 7 Refused

5a. Up to the present time, what is the most you have ever weighed? 
   WHX5A [ ] [ ] lbs If 5. not answered, why: WHX5AND
   O 8 DK/DR O 7 Refused

5b. How old were you then? 
   (Please make your best guess.) 
   WHX5B [ ] Years If 5b. not answered, why: WHX5BND
   O 8 DK/DR O 7 Refused

6a. What is the least you ever weighed since you were 18? 
   WHX6A [ ] [ ] lbs If 6a. not answered, why: WHX6AND
   O 8 DK/DR O 7 Refused

6b. How old were you then? 
   (Please make your best guess.) 
   WHX6B [ ] Years If 6b. not answered, why: WHX6BND
   O 8 DK/DR O 7 Refused

7. People's weights change during theirs adult life. During your adult life, would you say that... 
   WHX7
   O 1 Your weight has stayed about the same (±10 lbs) 
   O 8 DK/DR
   O 2 You have had a gradual gain in weight (>10 lbs.) 
   O 7 Refused
   O 3 You have had a gradual loss in weight 
   O 4 You have had a marked loss in weight and then kept it off 
   O 5 Your weight has repeatedly gone up and down again